

# UBC Pre-University Programs

## Suggested Packing List for Students Staying in a UBC Residence

Here's a checklist of items to bring with you to UBC Pre-University Programs. Please note that bedding, including bed sheets, quilt and pillows, will be provided.

### Personal Items

#### Clothing:

- ☐ Comfortable daywear (e.g., T-shirts, shorts, jeans, etc.)
- ☐ Sleepwear
- ☐ Underwear and socks
- ☐ Sweater/jacket
- ☐ Light rain jacket and/or umbrella
- ☐ Athletic wear and/or swimwear (if participating in sports or water activities at the UBC Student Recreation Centre/ Aquatic Centre)
- ☐ Comfortable shoes (e.g., sneakers, sandals, slippers, etc.)
- ☐ Hat and sunglasses
- ☐ Talent Show costume and equipment (if participating in the Talent Show)
- ☐ Semi-formal outfit (if you wish to dress up for the last day)

#### Toiletries:

- ☐ Toothbrush and toothpaste
- ☐ Shampoo, conditioner, and body wash
- ☐ Hairbrush/comb
- ☐ Towel
- ☐ Deodorant
- ☐ Sunscreen
- ☐ Razor, cosmetics or personal hygiene products

#### Medications:

- ☐ Any required prescription medications (in original packaging) and documentation for the prescription
- ☐ Over-the-counter medications (e.g., pain relievers, allergy meds)

### Academic & Program Materials

- ☐ Notebook
- ☐ Pens, pencils, and highlighters
- ☐ Laptop or tablet
- ☐ Charging cables for devices

### Important Documents & Items

- ☐ Government-issued photo ID
- ☐ Health insurance information
- ☐ Emergency contact details
- ☐ Program registration or confirmation documents
- ☐ Canadian spending money
- ☐ Canadian SIM card and cellphone

### Personal Comfort & Extras

- ☐ Reusable water bottle
- ☐ Backpack or tote bag
- ☐ Electrical appliances (hair dryers, curling irons, shavers) should be 110-volt: may also need an adapter
- ☐ Small laundry bag for dirty clothes
- ☐ Extra pair of glasses and/or lens prescription
- ☐ Contact lenses and supplies

### Optional Items

- ☐ Camera or cellphone with a good camera
- ☐ Headphones or earbuds
- ☐ Favorite book or leisure reading material
- ☐ Small portable fan



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